



Mama Luigi's Our 62nd Year



Jim Talerico

HAPPY NEW YEAR!

Food For Thought

January 2010



We Doubled The Prizes

\$50,000.00 Giveaway

Hey – It's Time To Start Peeking!

- Cocktail Party For You And Seven Of Your Closest Friends
- Catering for Party of 20
- A \$50.00 Mama Luigi's Gift Certificate
- A 4 LB. Box Mix Grill Meats
- A \$25.00 Mama Luigi's Gift Certificate
- A Free Bottle of Wine
- A Free Entrée
- A \$10.00 discount towards your meal
- A Free Appetizer of your Choice
- A \$5.00 Discount towards your meal
- A Free Dessert of your Choice

We gave you a Red envelope when you visited us in December. It had specific instructions on it not to open it, but to bring it back into the restaurant to open it with your server before January 31st. We're giving away over \$50,000 in prizes; don't miss out on your chance to win some of it! Be sure to bring your envelope in on your next visit unopened, then you open it at the restaurant in front of your server

Starts Friday, January 1st at 1PM

We'd hate for it to stay unopened!

Deadline is January 31st 2010!

Warm up the cold winter days with some Hot Apple Cider with Rum. We'll be offering this specialty drink all month long or you can make it yourself Recipe courtesy Emeril Lagasse

Prep Time: 5 min Cook Time: 10 min

Serves: 2 quarts, about 8 servings

Ingredients

1 apple, 2 teaspoons whole cloves, 1 orange, thinly sliced, 2 quarts apple cider, 1/2 cup light brown sugar, 1 teaspoon allspice, Pinch grated nutmeg, 1 cup dark rum.

Directions

Stud the apple with the cloves. In a medium pot, combine the studded apple and remaining ingredients except the rum. Slowly bring to a simmer over low heat. Simmer for 10 minutes. Remove from the heat and add the rum. Discard the apple. Ladle into mugs. Serve immediately.

The Mama Luigi's All the Taste, Half the Calories Diet

It's the time of the year when we take a good long look at ourselves and decide to make some changes in our lifestyle. Perhaps we're going to try that new "Eat All Day Long: The Abs Diet for Women" or the "Add Years to Your Life: The Bonus Years Diet" or "Make it a Team Effort: The F.A.S.T. Diet".

First, let's review a few diet ideas that have been floating out there over the years.

The Chewing Diet

The chewing diet was popularized in the Edwardian Era by Horace Fletcher. He believed that chewing allowed food to be properly absorbed into the body. Insufficient chewing would lead to constipation and clog up the digestive tract, said Fletcher.

Possible Side Effects May Include: A sore jaw. Much longer meal times. Annoyed and disgusted friends.

The Tapeworm Diet

If you eat for two and aren't pregnant, maybe it's time to get a second mouth in your belly. A tapeworm can sure help eat all of that excess food. Around the turn of the century, these little parasites were sold in a simple pill form claiming to help you shed inches from your waist. It's uncertain whether these pills actually had live tapeworms or if they were just another "snake oil" product, but what is certain is that people have intentionally used tapeworms as a weight loss method.

Possible Side Effects May Include: Well for one, having a worm inside your stomach, which might cause nausea, headaches, infections and diarrhea. Some people's organs are blocked by the eggs and this can result in death. There is no evidence that tapeworms actually help people lose much of weight, so the whole experience may be for nothing.

The Sleeping Beauty Diet

You can't eat while you sleep. So naturally, if you sedate yourself for days and neglect to eat as a result, this starvation diet may actually work for you. Elvis was a proponent of this weight loss method around the end of his life and the dieting method was also made popular in Valley of the Dolls. Possible Side Effects May Include: A severe pill hangover can leave you with a headache, nausea and fatigue. Additionally, improper sedation might actually kill you and so might starvation.

Now onto the as easy as can be, everyone can follow this one, no whacky "eat a cabbage" or "staple your ear" Mama Luigi's All the Taste, Half the Calories Diet. When you order your meal immediately ask for a doggy bag. When your meal is put in front of you cut it in half and put half in the container to take home.

All the taste, half the calories and it works everywhere!

Join Our Royalty Program and Save Every Time You Dine With US!

Mama Luigi's Restaurant - Banquets - Catering

708-496-0900

**NOW MORE THAN EVER THE VALUE OF
ROYALTY REWARDS HAS PROVEN TO BE A
GREAT ADDITIONAL BENEFIT TO OUR GUESTS**

Join our Royalty Rewards Program, it's FREE and you'll earn points for every dollar spent on food and beverages. Your points will earn you reward certificates that you can use in our restaurant.



FREE dinner on your birthday. A FREE dinner your anniversary. Exceptional offers and bonus specials all year.

The Best Superbowl Party

is here at

Mama Luigi's

Sunday February 7th

"The Ultimate Prime Rib Superbowl Party"

We've been running this event for about 28 years and it's always been a big hit. This is a closed door ticket only party that you won't want to miss (don't wait, get your tickets now).

Tender Juicy Roast Prime Rib Dinner with baked potato, full assortment salad bar, appetizers and snacks throughout the evening, fresh pastries, premium open bar cocktails including numerous choices of bottle beer the whole game long and not a bad seat in the house... We're talking three 8' X 8' Mega Projection TV's in our banquet room.

You'll feel like you're at the game
(but with better food).

\$45 per person

Seating is limited.

Get your tickets now!

Happenings

Chicken Vesuvio Fiesta Weekend

January 1st, 2nd & 3rd

The first Friday, Saturday and Sunday of every month we have a "Chicken Vesuvio Fiesta Weekend".

Saturday and Sunday are:

Prime Rib Special Regular or Double Cut

Our Signature Gourmet Boneless Prime Rib Roast is absolutely intoxicating with its aroma of juices, and roasted perfect texture. Cut from the heart of the rib, our rib roast makes a magnificent presentation, and more importantly, deliver a memorable dining experience. Served with choice of soup or salad, choice of potato and fresh vegetable.

Sundays are:

Kids Eat Free from kids menu (with 2 adults)

Mondays are:

Half Price House Wine Mondays

Tuesdays are:

Ravioli Revolution Tuesday

with a different and interesting ravioli and sauce selection every Tuesday.

Tuesday January 19th



Psychic Night 6 to 9pm

Wednesdays are:

Parmigiano Paesano Wednesday

Where we have a distinctive Parmigiano entrée each Wednesday.

Thursdays are:

Lotza Lasagna Thursdays

Choice of Meaty or Cheesy Lasagna or Have a Combo Lasagna and get them both.

Fridays are:

Fruitti Di Mare Fridays

Shrimp, Clams Calamari and Mussels sautéed in a red wine marinara, served over linguini with garlic toast
Tuesday, Wednesday and Thursday menus will include a beverage and special dessert all included in one price.

HALF PRICE FRIDAY NIGHTS

Girl Stuff

"Meet Me At Mama's" Girls Night Out

Every Friday Night in the lounge "Girls Rule" with half price drinks and appetizers so you can have all the fun at half price

PLUS FREE JUKE BOX

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St.Valentine's Day

Is right around the corner!

FREE Genuine Fresh Water Pearl Necklace For Your Sweetheart

Valentine Month Dinner Special
Romance MONTH all February Long!
Surf & Turf Special All Month Long

We'll be celebrating Valentine's Day ALL MONTH LONG! Call us to make reservations and mention **GENUINE FRESH WATER PEARL NECKLACE** and you'll receive...

A special package including a bottle of Champagne, appetizer to share, basket of fresh bread and focaccia with our delicious bruschetta, choice of soup or salad, Two Succulent Tender Lobster Tails and Eight Juicy Mouthwatering Filet Mignon Medallions with our irresistible double baked potatoes, fresh vegetable and your favorite dessert to share.

A beautiful genuine fresh water pearl necklace (value \$75.00) will be waiting for you when you arrive.

\$99.00 per Couple

Dinner Menu also Available.

708-496-0900

Thank you for the kind words:

I was very pleased the food and the service that was received for my 20 guests. Everyone enjoyed the private room as well as the food and service. Our servers were non stop and everything went very smooth. **Laura Luisi**

Mama's Luigi's is excellent! One of my favorite restaurants.

Barbara Dembraski

We always have a pleasant dining experience when we visit Mama Luigi's. We especially enjoy the veal dishes. We also love the bruschetta. Can't ever get enough of it. **James Kveton**

Please know that the service was excellent and the food was very good. I can't wait to visit Mama Luigi's Restaurant.

Maria Wise

The food was delicious as usual. The server was very nice & helpful. The only thing the appetizer we had was the mozz.sticks,zucchini & mushrooms, there were only 3 mozz.

sticks, we would have liked more of them & less of the zucchini. Everything else was great. **Karen Plegger**

Never had a bad meal at Mama Luigi's. All of the staff are great and Eddie is unbelievable. He never has a bad day.

Raymond Sloma

JANUARY 2010 CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY NEW YEAR					1 Chicken Vesuvio Fiesta Weekend Fruitti Di Mare Friday GIRLS NIGHT OUT FREE JUKE BOX	2 Chicken Vesuvio Fiesta Weekend <i>Prime Rib Saturday</i>
3 Chicken Vesuvio Fiesta Weekend Prime Rib Sunday Kids Eat Free \$2 margaritas at bar	4 <i>Half Price House Wine with Dinner</i>	5 Ravioli Revolution Tuesday \$2 margaritas at bar	6 Parmigiano Paesano Wednesday	7 Meaty Lasagna Thursday \$2 margaritas at bar	8 Fruitti Di Mare Friday GIRLS NIGHT OUT FREE JUKE BOX	9 <i>Prime Rib Saturday</i>
10 Prime Rib Sunday Kids Eat Free \$2 margaritas at bar	11 <i>Half Price House Wine with Dinner</i>	12 Ravioli Revolution Tuesday \$2 margaritas at bar	13 Parmigiano Paesano Wednesday	14 Meaty Lasagna Thursday \$2 margaritas at bar	15 Fruitti Di Mare Friday GIRLS NIGHT OUT FREE JUKE BOX	16 <i>Prime Rib Saturday</i>
17 Prime Rib Sunday Kids Eat Free \$2 margaritas at bar	18 <i>Half Price House Wine with Dinner</i>	19 Psychic Night 6 to 9 Ravioli Revolution Tuesday \$2 margaritas at bar	20 Parmigiano Paesano Wednesday	21 Meaty Lasagna Thursday \$2 margaritas at bar	22 Fruitti Di Mare Friday GIRLS NIGHT OUT FREE JUKE BOX	23 <i>Prime Rib Saturday</i>
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31 Prime Rib Sunday Kids Eat Free \$2 margaritas						

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Mama Luigi's

7500 S. Harlem Ave.
Bridgeview, IL 60455



All the Taste, Half the Calories Diet

PRESORTED
STANDARD
U.S. POSTAGE
PAID
CHICAGO, IL
PERMIT #4358

**Hey – It's Time To
Start Peeking!
Bring Your Red
Envelope Back
(details inside)**

Here's a Gift You Will Look Forward to Returning!

No Peeking!



No Peeking!

Starts Friday
January 1st at 1PM

DID YOU GET ENGAGED OVER THE HOLIDAYS ???

Mama Luigi's offers elegant banquet facilities for all your celebration needs. With accommodations for parties up to 300 people, Mama Luigi's can help you craft a once-in-a-lifetime wedding reception, charming shower, lively retirement party, or exquisite cotillion. Your guests will enjoy sumptuous food in a handsome atmosphere. Mama Luigi's offers by-the-plate menus as well as a variety of family style choices, including our famous **Italian Baked Chicken**, to help you create the perfect event. Call or stop in for further information or to see our banquet rooms.

FREE WEDDING CAKE

WHEN YOU MENTION THIS NEWSLETTER

WEDDINGS

ANNIVERSARIES

CORPORATE EVENTS

Mama Luigi's

708-496-0900

7500 S. Harlem Ave • Bridgeview

www.mamalugis.com

**Prices Gladly
Discussed Over
the Phone**

**HAPPY BRIDES
GUARANTEED!!!**



TESTIMONIALS

I realize that it's your "business" and your staffs "job", but I believe some people go above and beyond the call of duty and are more excellent than they are required to be. You and your staff were exactly that and we will never be able to adequately express our gratitude.

Michele Wascek ... Chicago

Thank you for making our wedding celebration so special. The food was great and the service was fantastic! You all helped make it a very special occasion for us and we'll recommend you highly!

Anita Jordan ... Oak Forest

We've come here for so many family events over the years. We absolutely love it here.

Jena Niebaver ... Downers Grove

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